



Porth Eiriolaeth Caerdydd a'r Fro

Cardiff & Vale Advocacy Gateway

**CYSYLLTWCH GYNTAF
CYSYLLTWCH AM DDIM**

**CALL US FIRST
CALL US FREE**

☎ 0808 801 0577

**YN GWRANDO
AC YN HELPU**


**WE WILL LISTEN
AND HELP YOU**

- Deall gwasanaethau cymdeithasol
- Deall eich sefyllfa a'ch dewisiadau
- Dewis y gofal cywir
- Cael eich clywed a chael rheolaeth

- Understand social services
- Understand your situation and options
- Choose the right care
- Be heard and have control

 pecf.cymru

Rhif Cwmni Cofrestredig ProMo-Cymru: 1816889
Rhif Elusen Gofrestredig ProMo-Cymru: 1094652

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